



**iGNITE
YOUTH**

WEYBURN, SK

10:00AM

APRIL 26, 2017

How do we iGNITE YOUTH in our communities?

Join us for this day-long networking and learning event for practitioners and leaders, who provide programs to youth and teens, to connect with like-minded peers!

About

• iGNITE YOUTH •

**It will be a HIGHLY interactive
and valuable experience!**

Come and experience this energized event and you will find:

- ☐ Networking and team-building opportunities
- ☐ Exceptional workshops and in depth learning sessions
- ☐ The latest trends and research
- ☐ Opportunities for intersectoral collaborations
- ☐ An open and inviting space to exchange ideas and make connections!

Who

• SHOULD ATTEND? •

This event is for municipalities, agencies, organizations and centres who provide programs and services to youth and teens in south east Saskatchewan.

Programmers, decision makers, and leaders come to the event to learn how to increase the impact of their youth programming and enhance community partnerships.



Thank you to the Community Initiatives Fund
(CIF) for supporting this event



Planning Committee Organizations

Cornerstone Family & Youth



Sun Country Health Region

Big Brothers Big Sisters of Weyburn

Regina Qu'Appelle Health Region

Saskatchewan Parks & Recreation Association (SPRA)

Southeast Connection Sport, Culture & Recreation District

9:45 a.m.	Registration Opens
10:00 a.m.	Opening Remarks
10:05 a.m. - 12:00 p.m.	Concurrent Breakout Sessions
	<div> <div>#1</div> <div>IT TAKES A VILLAGE TO RAISE A PHYSICALLY LITERATE CHILD! - Warren Proctor</div> </div> <div>  </div> <div> <div>#2</div> <div>YOUTH ENGAGEMENT & ENCOURAGING MEANINGFUL PARTICIPATION - Dave Shanks</div> </div>
12:00 - 1:00 p.m.	Lunch & Networking
1:00 - 1:45 p.m.	Concurrent Breakout Sessions
	<div> <div>#3</div> <div>TAKE THE LEAD! IN YOUR COMMUNITY - Karen Holloway</div> </div> <div>  </div> <div> <div>#4</div> <div>VISUAL ARTS AS A TOOL FOR YOUTH ENGAGEMENT - Tammy Krueckl</div> </div>
1:45 - 2:30 p.m.	Networking Break & Activity
2:30 - 4:00 p.m. Closing Speaker	Embracing Diversity • Annie Battiste •
4:00 - 4:15 p.m.	Closing Remarks

DATE - April 26, 2017

TIME - 9:45 a.m. to 4:15 p.m.

LOCATION - Weyburn, SK

Payment is required to confirm your spot

REGISTRATION FEE - \$30.00 (lunch is included)

Pre-registration is required

HOW TO
REGISTER

DEADLINE - April 17, 2017

REGISTER ONLINE AT - www.southeastconnection.ca

QUESTIONS? CONTACT - Kirsten Regel at 306.780.9814 kregel@southeastconnection.ca

DETAILS

Session 1 With Warren Proctor, Provincial Programs Manager, SaskSport Inc.

IT TAKES A VILLAGE TO RAISE A PHYSICALLY LITERATE CHILD - 2 hours

About the Session

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life. Research has shown that being physically active later in life depends on an individual's ability to feel confident in an activity setting. That confidence most often comes from having learned fundamental movement and sport skills, or physical literacy, as a child.

Research has also shown that without the development of physical literacy, many children and youth withdraw from physical activity and sport and turn to more inactive and/or unhealthy choices during their leisure time.

Learning Outcomes

- Greater understanding of the concept of Physical Literacy and why it is so important for the healthy physical and emotional development of children.
- Community organizations – not just schools - that work directly with children and/or their parents understand their role in contributing to increased physical literacy for children.
- Community organizations recognize how individually or through partnerships, they can take action to improve physical literacy development for children.

Session 2 With Dave Shanks, Director of the Prairie Hub of The Students Commission of Canada

YOUTH ENGAGEMENT & ENCOURAGING MEANINGFUL PARTICIPATION - 2 hours

About the Session

How do we as adults best engage more diverse youth and be inclusive in our interactions with young people? Youth engagement has been identified as a key measure that strengthens health promotion awareness initiatives.

Evidence demonstrates links between the engagement of young people and positive health outcomes – decreased substance use, lowered dropout rates, lower rates of sexual activity and pregnancy, and decreased anti-social behaviors.

Utilizing the latest research and data, collected from youth serving organizations across the country, the Students Commission of Canada/Center of Excellence for Youth Engagement is dedicated to supporting young people to participate in the activities of local, provincial and federal organizations and governments.

Learning Outcomes

- This interactive workshop will provide participants with tangible tools on how to encourage the meaningful participation of youth.
- Youth participants from Saskatoon's Youth Advisory Council will also participate and share stories regarding their journey of engagement.
- We hope the audience leaves feeling inspired to continue making a difference in youth's lives.

Sessions continued >>

Session 3 With Karen Holloway, Rural Health Promotion Coordinator with Regina Qu'Appelle Health Region

TAKE THE LEAD! IN YOUR COMMUNITY - 45 mins

About the Session

Take the Lead! is a leadership development initiative for youth ages 11-14.

Once Youth are trained as Take the Lead! Youth Leaders then have the capacity to plan and implement active play times for their peers and younger children. This not only increases the physical activity of youth and children but also decreases instances of bullying and negative behaviour.

Karen has a Food Science Degree from Seattle and has lived in Wapella for the past 12 years. Her work in Health Promotions provides great opportunity to offer holistic programming to all ages. Inspiring children to be happy, healthy and whole is her greatest passion

Learning Outcomes

- This session will give delegates a chance to become familiar with the Saskatchewan based program called Take the Lead!.
- Karen will begin this session with a description of the program and how to become involved. Participants will then hear the impact of Take the Lead! at the community level.
- This grassroots driven session aims to inspire you to Take the Lead! in your community to advance youth leadership opportunities!

Session 4 With Tammy Krueckl, Projects Manager at Saskatoon Community Youth Arts Programming (SCYAP) Inc

VISUAL ART AS A TOOL FOR YOUTH DEVELOPMENT – 45 mins

About the Session

Tammy Krueckl is a Saskatoon based educator, facilitator, youth mentor, artist and clothing designer. Her current position enables her to use visual art and community bonding as a tool for personal development, empowerment and redirection of "at-risk" youth to a happy and productive life.

She has experience teaching in the secondary school system, developing and facilitating life skills workshops, as well art-based and sewing classes.

She holds a B.Sc., H.Ec., from the University of Alberta and a B.Ed. from the University of Saskatchewan.

Learning Outcomes

Tammy will share the purpose of SCYAP and how their visual art programs have impacted youth in Saskatoon. Her presentation will include best practices and highlights of past and current partnerships, programs, events and projects that have been successful in supporting youth development.

After attending this session, participants will have:

- Enhanced knowledge of how visual art programs can meet the economic, social and educational needs of youth at risk
- New ideas on different programming in visual arts that they could bring to their own community

Session 5 With Annie Battiste, Indigenous Relations Director for Big Brothers Big Sisters of Saskatchewan

CLOSING SPEAKER - EMBRACING DIVERSITY - 1.5 hours

About the Session

Annie Battiste is a young Mi'kmaw educator from Potlotek First Nations, a community situated in Cape Breton, Nova Scotia. She currently resides in Saskatoon. She holds a Masters in Educational Foundations and a Bachelors of Education from the University of Saskatchewan.

In this workshop she will discuss the role of socialization in our lives, historical policies and structures that maintain difference, personal terminology on commonly confused words (bias, prejudice, discrimination, racism, etc.) and strategies for inclusion and diversity within the workplace centered specifically around youth serving agencies.

Learning Outcomes

- To learn how diversity issues impact us in our daily interaction with youth in our province.
- Increase awareness, sensitivity, and understanding of our own assumptions and unconscious biases,
- Increase understanding on how to build a welcoming environment for youth in our programs.